

SOMETHING TO THINK ABOUT...

“ The most basic and powerful way to connect to another person is to listen. Just listen. Perhaps the most important thing we ever give each other is our attention. ”

-Dr. Rachel Naomi Remen



AATJ Webinar

Social Emotional Learning in the Classroom

Saturday, April 25, 2020

Presenters:

Noah Schechtman, Program Director for the Center for Wellness and Achievement in Education

Margaret Peterson, Executive Director of the California World Language Project in the Stanford Graduate School of Education and former teacher of Japanese

Moderator:

Yoshiko Saito-Abbott, California State University, Monterey Bay
AATJ PD Director

Protocols

1. Please mute your mic.
2. Please use the Chat Room for your questions or to respond to the presenters' questions.
3. Feel free to respond to the question in Chat.
4. There will be time for Q&A at the end.
5. It's not necessary to say "thank you" in the Chat Room. It gets kind of crowded. 😊

Have you ever...

*...spoken to someone
but not felt heard?*

A photograph of a person in a grey long-sleeved shirt sitting at a wooden table, writing on a piece of paper with a pen. In the background, another person in a black shirt is gesturing with their hands. The image is dimly lit and serves as a background for the text.

Have you ever...

A photograph of two young women sitting on a gravel surface, facing each other and talking. They are wearing red athletic tops and black shorts. The woman on the left has long dark hair and is gesturing with her hands. The woman on the right has her hair in a braid. They are positioned in front of a teal-colored wooden fence. The image has a dark teal overlay.

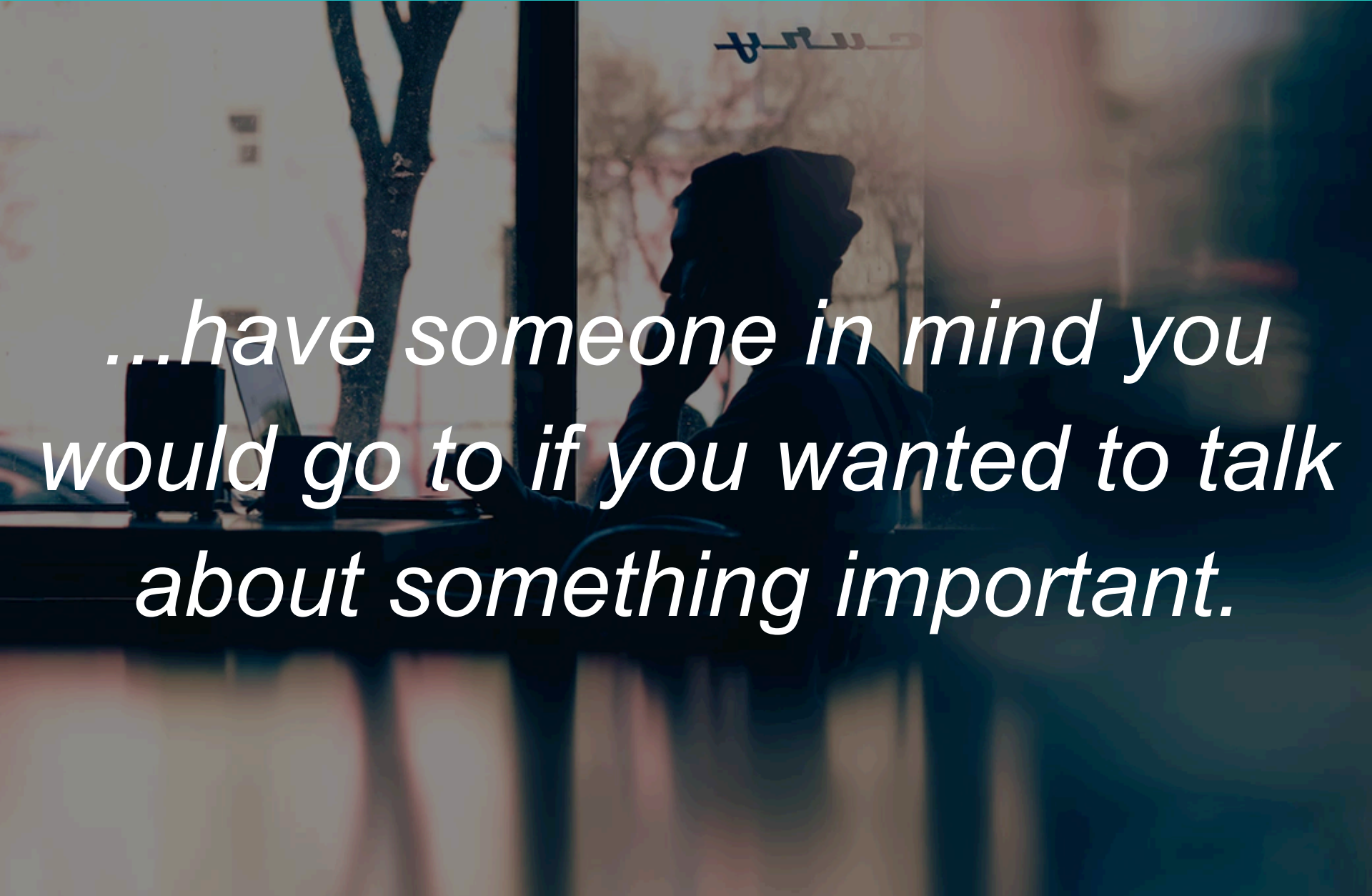
*...pretended you were
listening to someone?*

Have you ever...

...felt misunderstood?



Raise your hand if you...

A person is shown in silhouette, sitting at a desk with a laptop. They are looking out a window at a tree. The scene is dimly lit, suggesting an office or study environment.

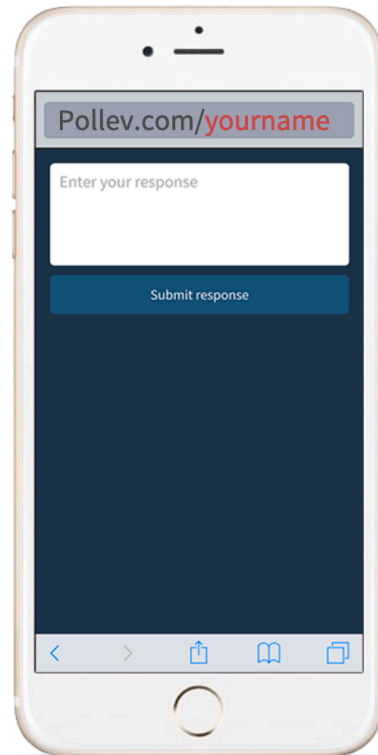
*...have someone in mind you
would go to if you wanted to talk
about something important.*

Participate using your phone, tablet, or laptop.

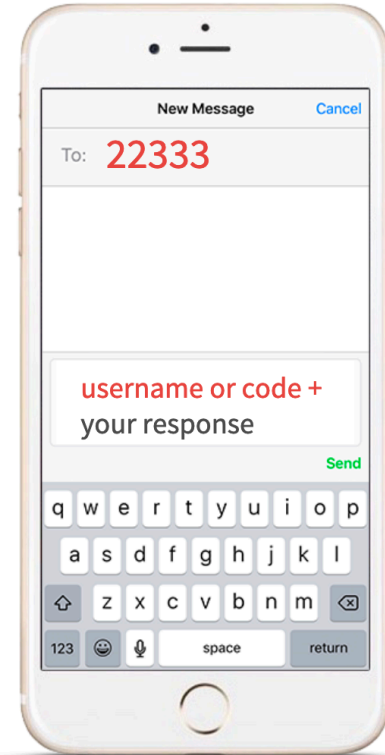
When poll is active, respond at **Pollev.com/margaretcwlp**

Text **MARGARETCWLP** to **22333** once to join

Responding with Poll Everywhere



Web voting



Text voting

What are some words that describe how it feels...

**...when someone does
not listen to you?**

When poll is active, respond at PollEv.com/margaretcwlp

Text **MARGARETCWLP** to **22333** once to join

What are some words that describe how it feels when someone does not listen to you?



What are some words that describe how it feels...

**...to be really heard and
understood?**

Respond at [PollEv.com/margaretcwlp](https://poll-ev.com/margaretcwlp)

Text **MARGARETCWLP** to **22333** once to join, then text your message

What are some words that describe how it feels to be heard and understood?



Integrative Leadership



Develop yourself

Build relationships

Achieve collective goals

Integrative Leadership

Lead Your Life (With Others)

- Set goals, create action plans, and track progress
- Gather and evaluate evidence
- Critical analysis and effective decision making
- Social and environmental responsibility
- Integrity and ethical behavior

Build Relationships: Strengthen Interpersonal Skills

- Empathy & Social Awareness
- Communication
- Collaboration
- Conflict Resolution
- Active Listening
- Giving and Receiving Supportive Feedback

Know Myself: Enhance Intrapersonal Skills

- Self-awareness & Self-Efficacy (can describe interests, values, strengths and limitations)
- Demonstrate a growth orientation
- Identify and express emotions

Cultivate an Optimal Mind/Brain State

Health, Balance, Energy, Alertness, Calm, Happiness, Centeredness

Why is listening valuable?

(Please type your answer in the chat box.)

Why listening matters

- Personal benefits
- Social benefits
- Professional benefits

What does it look like to be a
good listener?

(Please type your answer in the chat box.)

There are many levels of listening



Active listening tips:

- 1) Give your full attention.
- 2) Pay attention to non-verbal cues.
- 3) Let it be about them.
- 4) Ask follow-up questions.
- 5) Check your understanding.
- 6) Share feedback if appropriate.

アクティブリスニング

Tip ヒント	How to do it 方法 どうやって	Why? 理由 どうして	What it could look like 状況 どんな
Give your full attention よく集中して聞く	<ul style="list-style-type: none">• Remove potential distractions (phone, computer, etc.) 集中できなくなるような物を近くに置かない• Set up your physical position so you can pay full attention 集中して聞ける姿勢をとる• Use body language to express interest ボディランゲージを使って相手に興味を持って聞いていることを示す。	<p>This is the foundation for listening. Plus, it encourages sharing.</p> <p>聞き方の基本であり、かつ相手が話しやすいようにする</p>	<p>Maintaining appropriate eye contact</p> <p>適切なアイコンタクトを維持する</p> <p>Sitting up and leaning forward</p> <p>きちんと座って相手の話を聞く（体を話し手の方に傾ける）</p> <p>Smiling, nodding 表情はにこやかにして、相槌も打つ</p>

Effective listening \neq being a sponge



Top listeners are active listeners





Try it in the classroom!

1. Break students into groups of 3 (speaker, listener, observer).
2. Give students a prompt such as, “What was a highlight from the past 4 weeks and why?”
3. Students practice active listening and use the peer feedback form.



Peer feedback form

Peer Feedback on Active Listening Skills

アクティブリスニングスキルに関するフィードバック

Your name: _____ *Listener's name:* _____

How did it feel to be listened to?

聞いてもらった感想は? _____

What did the listener do well?

聞き手の聞き方の良かったところは?

Reflection

How is this activity aligned with ACTFL's
World-Readiness **Standards** for
Learning Languages?



Next Steps

1. Pick a person in your life with whom you can practice your active listening.
2. Ask them about a highlight from the past few weeks.
3. Afterward, ask them to use the same listening feedback form we used today.

(Possible homework activity)

Listening is essential for building relationships and collaboration. A high level listener actively participates to understand.

What's one thing you learned about listening today that you could use in your classroom with your students?

Questions and Answers

AATJ Webinar

Preparing for 2020 AP Japanese Exam

Key Info & Strategies *

Presenters

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***This is not a College Board sponsored webinar**